**The Serene Health Center**

Lexus A. Kerr, M.D.

241 West Avenue

Kalamazoo, MI, 49017

1-800-000-0000

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Dear John,

I would like to inform you that after thorough examination and many tests, I have found the conditions in which Jane is inhibiting from. Jane has developed **Schizophrenia** and also a small case of **Major Depressive Disorder**.

Jane has an “imaginative power and habit of story-making” (3). She also has a fetish with the yellow wallpaper and wall, stating, “there is a recurrent spot where the pattern lolls like a broken neck and two bulbous eyes stare at you upside down” (3). Jane’s schizophrenia--seeing hallucinations and also having disordered thoughts-- is making Jane obsessive. She’s made a note saying “If I don’t pick up faster he shall send me to Weir Mitchell in the fall” (4), and she is speaking in spite of you John. I don’t believe that “threatening” Jane is going to help her conditions any. She wants to please you, and listens  to what you instruct of her, but she also needs your support. Her condition of schizophrenia is very perplexed, and she feels, that “there are things in that paper that nobody knows but me, or ever will” (4). Although this condition  is more apparent now, I believe that brief aspects of it were present in her childhood years. Jane expressed, “I used to lie awake as a child and get more entertainment and terror out of  blank walls and plain furniture than most children could find in a toy-store” (3). You could argue this is just a child’s imagination; however, the depth of this condition now further acknowledges that Jane does indeed have schizophrenia.

Jane seems to also have a small case of major depressive disorder which is depression that can include being tired and without energy, and also having trouble concentrating or making decisions. Jane stated, “it is getting to be a great effort for me to think straight” (5). Jane shared, “half the time now I am awfully lazy, and lie down ever so much (4). She seems to sleep a lot, and absorbs what you wish of her, “John says I mustn’t lose my strength (4). Your tasks for Jane do not go unnoticed by her, and I find it certain that your pressure towards her does have an effect on her depression. I don’t believe that it helps her any.

Jane needs support and guidance throughout this stressful time. She needs your encouragement John. Jane expressed that you said, “no one by myself can help me out of it…” (5). If you continue to discourage her, she will fall deeper into depression , which is very dangerous, John. I hope you can come to your senses.

If you have any questions or further concerns, please reach me at 1-800-000-0000. It is my pleasure to help you and Jane in any way that I can.

Sincerely,

LEXUS A. KERR. M.D.